

LAC: Workgroup #3 April 3rd Work Session 04/03/2018, Intermountain

Group 3 – Identify gaps in community mental health services and make recommendations for additional services, as needed.

Group 3 Participants:

Matt Furlong – Consumer, Advocate
Margaret Strachan – Vice-Chair
Corey Bailey – Law Enforcement
Allan Hughes – Law Enforcement
Raynor Roberts - Consumer
Abbey Colussi – BHU experience/Professional

During our work group,

- 1. Discussion of gaps at the Lewis and Clark County Jail as we had two Law Enforcement familiar with the jail present.**
 - a. Medications may come with a person arrested if at home when arrest occurs.
 - b. The jail has not had issues getting medications if a person is in need and has a dr. prescription that can be confirmed
 - c. Nurse gives medications 3 times daily, approximate times are 8 am, 3:30 pm, and 7 pm. Nurse leaves some time after medications are dispensed in the evening, returns before distribution in the morning. If an inmate arrives after the nurse is gone for the day, a person must wait until the following morning.
 - d. An inmate must have a doctor's confirmation on existing scripts for medications to be dispensed, or a family member/friend may bring a person's prescription in with the accurate labeling.
 - e. The Lewis and Clark County Jail has had a nurse on staff for approximately 3 to 4 years.
- 2. Grouped discussed a potential Gap need for a Detox**
 - a. The Jail is having to Detox in special places, sometimes on the Attorneys side where officers check in often, or send them to the hospital if their conditions merit, but they are currently not among the general population while Detoxing. A Dr. or Nurse makes the call if Detox needs a higher level of care.
 - b. God's Love is having to Detox out of necessity, but there is an increase in the number of people coming to God's Love who are going through Detox at their homeless shelter.
- 3. Addition Supports that may help where there are Gaps for those experiencing Mental Illness**
 - a. Care better for caregivers that care for citizens experiencing Mental Illness

- b. Provide Respite Care that is supported by training and recruitment
- c. Provide Supplemental Income for members of the community that would be willing to assist in volunteer or respite care
- d. Speed up wait times at Hospitals. Waiting during a mental health crisis is not always possible
- e. Speed up wait times in accessing care from transitions, or after being diagnosed. The wait times sometimes send people into a crisis, or episode.
- f. Safety of the caregiver – Volunteers and peer supporters may be a great addition to support, but their safety, and them being confidential is important
- g. CISM (Crisis Incident Stress Management) trained staff are available through the county, and have been available to assist officers after an incident of trauma. Perhaps they are underutilized, and may be able to provide more relief to professionals, and citizens after a traumatic event to reduce the impacts of secondary Trauma.

Confirmed our next interim Meeting will be held on April 24th at 10:00 am at The United Way building